



Cross Cultural Center
Cuyamaca College



CUYAMACA
COLLEGE

DIVERSITY DIALOGUES



FALL SEMESTER 2017

PURPOSE

These workshops, which will be offered on a regular basis, will focus on a variety of diversity awareness and social justice topics. Students will receive a stamp for every workshop they attend—students, who have completed

a minimum of three workshops during the Fall and Spring Semesters, will earn a “Diversity & Leadership” co-curricular certificate and will be recognized for their efforts at the Student Leaders Reception in May.

WORKSHOP SCHEDULE

Developing a Positive Multicultural Orientation towards Diversity: Self-Reflection about our Diverse Identities and Cultural Orientation

September 14, 2017

2:00 to 3:00 PM
Student Center, I-207

Presented by: Mayumi Y. Douglas, Licensed Marriage and Family Therapist

Clinical Counselor Trainees: Miyah Marcial, Vanna Putrus, and Badar Karama.

This workshop is intended to normalize the fact that we all have certain limitations or biases engaging with cultural issues, and to explore individuals or groups that we have negative reactions towards. The goal is to increase our awareness about cultural prejudices, and to make consistent efforts to engage relationally with others who are culturally diverse.

Diversity & Social Justice

September 18, 2017

12:00 to 1:00 PM
Student Center, I-207

Presented by: Grace Bagunu, University of San Diego (SOLES)

In this highly interactive workshop, participants will experience diversity on a whole new level. Participants will learn about social justice related concepts as well as effective communication skills with working in diverse groups.

Teaching Tolerance—Supporting Students from Immigrant Families and Undocumented Students

September 19, 2017

1:00 to 3:00 PM
Student Center, I-207

Presented by: Mary Garcia, Counselor

U.S. Immigration and Customs Enforcement (ICE) has increased its activity in many parts of the country. As a result, many immigrant students and their families (documented and not) are experiencing anxiety and fear about their futures. Join us to learn how to best support students and their families.

The Border Corrido: Music of Resistance

September 26, 2017

11:30 AM to 12:30 PM
Student Center, I-207

Presented by: Dr. John Escobedo, Director of Title V Activities

Although music has always been used as a form of individual expression, little is known of the historical legacy and role of music in resistance movements. Please join this dialogues session to discuss the development of the border corrido and its evolution into a musical genre imbricated in history, folk culture, and marginal heroes. There is no better time to understand the border corrido as a historical and modern example of resistance during our current political climate.

Learning about Filipino Culture & Traditions

October 12, 2017

1:00 to 2:00 PM
Student Center, I-207

Presented by: Grace Bagunu, University of San Diego (SOLES)

Ever wonder why the Republic of the Philippines is the only Asian country to practice Christianity? Why is lumpia a well-known dish that did not originate in the Philippines? Why does the Philippine flag have 3 stars? This presentation will provide an overview of Filipino history, culture, and traditions.

Aversive Racism and Microaggressions

October 19, 2017

2:00 to 3:00 PM
Student Center, I-207

Presented by: Mayumi Y. Douglas, Licensed Marriage and Family Therapist

Clinical Counselor Trainees: Miyah Marcial, Vanna Putrus, and Badar Karama.

In this session, we will explore our assumptions on the basis of cultural group membership. We will discuss 3 types of microaggression messages and 12 categories of racial microaggressions. Students will identify and share personal experiences.

Understanding your Cultural Identity

October 25, 2017

12:30 to 1:30 PM
Student Center, I-207

Presented by: Dr. Tanis Starck, Assistant Dean for Special Projects and Director of the Cultural Proficiency Institute for Educators at SDSU

Culture is a human universal, present and important wherever human beings exist. This workshop will explore the patterned way we are likely to see people of differing cultures, and most importantly how to transform the tensions of cultural difference into healthy self-awareness that allows for full and authentic relation with others.

Breaking Barriers to Build Bridges: A Mental Health Initiative

October 30, 2017

2:30 to 3:30 PM
Student Center, I-207

Presented by: Ahmed (Rasheed) Aden, Counselor

In any given year, 1 in 5 Americans will experience a mental illness in their lifetime; immigrant and displaced communities are no exception. Active participants in this workshop, will procure a deeper understanding of the unique challenges facing immigrants. In particular, this workshop will predominately focus on the subgroup of Muslim immigrants in the United States.

Developing Cultural Humility

November 16, 2017

2:00 to 3:00 PM
Student Center, I-207

Presented by: Mayumi Y. Douglas, Licensed Marriage and Family Therapist

Clinical Counselor Trainees: Miyah Marcial, Vanna Putrus, and Badar Karama.

The practice of cultural humility is described as a life-long and self-reflection process focused on our own biases and perceptions about others. The goal of this session is to increase our sensitivity to the importance of diversity and respect for cultural differences. Students will identify examples of engaging cultural issues with humility and respect.

If you have attended three Diversity Dialogue workshops during the 2017-2018 school year, please turn in your signed form to Lauren Vaknin in the Student Affairs Office (I-120) by May 11, 2018.

For additional information on the Diversity Dialogue Program, please contact Lauren Vaknin in the Student Affairs Office at 660-4295.

Sponsored by:
Student Affairs,
Associated Student Government &
Equity and Engagement