

**GABA (Gamma Aminobutyric Acid)**

**Primary Inhibitory Neurotransmitter**

**Primarily found in neurons of the frontal lobes adjacent to the limbic system.**

**The liberating effects of alcohol are due to sedation and suppression of neurons in the frontal lobe that utilize GABA to inhibit impulsive action.**

**Minor tranquilizers reduce anxiety by enhancing the action of GABA.**